



The ASA England National Talent Programme Level 3 - 2009-10

English Programmes are looking to select athletes to join the Level 3, ASA England National Talent programme. Athlete selection will be based firstly on those swimmers who achieve the automatic qualifying times, then, those attaining the consideration time. There are a maximum of 36 places available on the programme, places will be ranked by highest number of 'Fina Points' achieved at specified competition meets.

Stated below are the specified competition meets at which times can be attained:

Regional Senior/Youth Championships:	2 nd - 4 th May 2009
Scottish Nationals:	25 th -28 th June, Glasgow, Scotland
World University Games:	1st-12th July 2009, Belgrade, Serbia
European Junior Swimming Championships:	8th-12th July 2009, Prague, Czech Republic
European Youth Olympic Festival:	20 th to 24 th July 2009, Tampere, Finland
Fina World Long Course Swimming Championships:	26th July-2 nd August 2009, Rome, Italy
ASA National Age Group Championships:	22 nd to 26 th July 2009, Sheffield, UK
ASA National Championships & Youth Championships:	28 th July to 2 nd August 2009, Sheffield, UK
Tri-Nations:	1st & 2 nd August 2009, Crystal Palace, UK

Programme Schedule:

Friday 5th to 7th February 2010 at the Sunderland Aquatic Centre, UK

Sunday 3rd to Monday 11th April 2010 offshore camp and competition venue TBC

Outline of Programme Resources:

Physiotherapy screening and support/race filming and analysis at GB Championships, asa National Championships and offshore competition.

Consideration times for English Programmes Level 3

Men 20+	Men 19	Men 18	Men 17	Men 16+ Under		Women 17+	Women 16	Women 15 + Under
22.89	23.12	23.35	23.58	24.06	50m Free	26.32	26.58	26.85
50.34	50.84	51.36	51.87	52.91	100m Free	57.10	57.68	58.26
1.50.98	1.52.10	1.53.23	1.54.36	1.55.51	200m Free	2.03.41	2.04.66	2.05.91
3.55.60	3.57.98	4.00.38	4.02.78	4.05.21	400m Free	4.19.65	4.22.27	4.24.89
15.31.51	15.40.92	15.50.42	15.59.92	16.10.02	800m/1500m Free	8.53.24	8.58.63	9.04.02
56.33	56.90	57.47	58.04	59.21	100m Back	1.03.85	1.04.49	1.05.13
2.02.65	2.03.89	2.05.14	2.06.39	2.07.66	200m Back	2.17.38	2.18.77	2.20.16
1.02.51	1.03.14	1.03.78	1.04.42	1.05.06	100m Breast	1.11.42	1.12.14	1.12.86
2.16.97	2.18.35	2.19.75	2.21.15	2.22.56	200m Breast	2.33.38	2.34.93	2.36.48
54.09	54.63	55.19	55.74	56.85	100m Fly	1.01.42	1.02.04	1.02.66
2.00.57	2.01.79	2.03.02	2.04.25	2.05.49	200m Fly	2.15.40	2.16.77	2.18.14
2.04.38	2.05.64	2.06.91	2.08.17	2.09.46	200m IM	2.19.47	2.20.88	2.22.29
4.24.75	4.27.42	4.30.12	4.32.82	4.35.55	400m IM	4.55.03	4.58.01	5.00.99

Automatic times for English Programmes Level 3

Men 20+	Men 19	Men 18	Men 17	Men 16+ Under		Women 17+	Women 16	Women 15 + Under
22.77	23.00	23.24	23.47	23.70	50m Free	26.16	26.42	26.68
50.09	50.59	51.10	51.62	52.13	100m Free	56.82	57.39	57.96
1.50.42	1.51.54	1.52.67	1.53.80	1.54.93	200m Free	2.02.79	2.04.05	2.05.29
3.54.43	3.56.80	3.59.19	4.01.58	4.04.00	400m Free	4.18.34	4.21.08	4.23.69
15.26.90	15.36.26	15.45.72	15.55.18	16.04.72	800m/1500m Free	8.50.57	8.55.97	9.01.33
56.06	56.62	57.19	57.77	58.34	100m Back	1.03.52	1.04.18	1.04.82
202.04	2.03.27	2.04.52	2.05.77	2.07.01	200m Back	2.16.69	2.18.09	2.19.47
1.02.21	1.02.84	1.03.47	1.04.10	1.04.74	100m Breast	1.11.05	1.11.79	1.12.51
2.16.29	2.17.67	2.19.06	2.20.45	2.21.86	200m Breast	2.32.61	2.34.17	2.35.71
53.82	54.36	54.91	55.46	56.02	100m Fly	1.01.10	1.01.74	1.02.36
1.59.98	2.01.19	2.02.41	2.03.63	2.04.86	200m Fly	2.14.72	2.16.10	2.17.46
2.03.77	2.05.02	2.06.28	2.07.54	2.08.81	200m IM	2.18.77	2.20.19	2.21.59
4.23.44	2.26.10	4.28.79	4.31.48	4.34.18	400m IM	4.53.54	4.56.54	4.59.51

All swimmers participating in the England Talent Development Programme [ETDP] must be a member of an ASA affiliated club or eligible to represent England at international level – that means members of other home nation's national teams or development squads are excluded from participation in the ETDP.

Swimmers on the World Class Podium/Development Programme are excluded from selection to this home nation programme element.

All athletes must be able to fully commit to attending all aspects of the England Talent Development Programme and any athlete who has withdrawn or been excluded from the current season ETDP is ineligible for selection.

Should you have any queries or would like to discuss any of the above points, please contact Dave Legge, England Talent Development Co-ordinator, 07795 958463, e-mail dave.legge@swimming.org.